

Your Health. Your Life. Our Passion.



Ena Kim, MD Family Medicine Speaks Korean

As part of completing her BBA degree in business, Dr. Ena Kim was an exchange student at the prestigious Wharton School at the University of Pennsylvania before deciding that medicine was how she could make a real difference in people's lives. She remembers, "While volunteering at the community health center, I saw how much good doctors can do for their communities. This inspired me to become a family physician because I can help patients and build lasting relationship with them."

Ever since finishing medical school, Dr. Kim has felt the privilege of being able to help patients with the often-difficult situations they encounter with illnesses, injuries, and mental health challenges. "One of the most rewarding part of patient care as a family physician is helping patients manage and improve chronic conditions, like diabetes and hypertension, through ongoing support and lifestyle adjustments," Dr. Kim continues. "It's so satisfying when I get to see significant improvement in my patients' overall health and quality of life. I often advise my patients to eat well, sleep well, stay active, and to schedule their routine check-ups."

Dr. Kim is as committed to good health as she advises her patients to be and is proud to have completed a half marathon of 13 miles in just two hours and 36 minutes. She goes to the gym every morning and loves hiking in the Coachella Valley with her husband who she regards as her partner-in-life. However, it's not all about fitness because she also enjoys baking cakes with her two daughters. Dr. Kim considers raising her family in the desert community to be a true blessing and has become a fan of the Coachella Valley Firebirds.

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